



BlephEx® Treatment for Blepharitis

Blepharitis can cause eye discomfort and redness. Blepharitis is inflammation of the eyelid. Inflammation of the eyelid may cause issues with eyelashes, eyelid skin problems, excess tearing or dry eyes, difficulty wearing contact lenses, styes, recurrent eye infections or pink eye (conjunctivitis).

BlephEx® is a medical device that treats blepharitis. Your technician will put numbing drops into your eyes to make your eyes more comfortable. The technician will then apply the BlephEx® microspoon to one eyelid edge and lash line to remove the scurf, debris, caps, dead skin etc. It will exfoliate and debride the entire eyelid margin. Each remaining eyelid will then be treated.

The goal of BlephEx® treatment is to make your eye more comfortable. Your eye(s) may not feel better the first few weeks. Your eye(s) may not feel completely better if you have some diseases, have longstanding dry eye disease, or have an eye gland disease. The BlephEx® treatment will help for 4 to 6 months depending on severity of disease. You may need to have a repeat treatment. Talk to your eye doctor about how well BlephEx® will work for you and how often you will need a treatment.

It is your choice to have a BlephEx® treatment. Here are some other options:

- Blepharitis can damage the eyelids, eyelashes and surface of the eye if it is not treated, but your eyes may not bother you enough to have treatment.
- There are other treatments for blepharitis such as eyelid scrub with warm compresses, prescription eye drops and ointments or tea tree oil cleanser.

As with all procedures, there are risks with BlephEx®. While your eye doctor cannot tell you about all risks, here are some of the most common or serious:

- Eye injury, eye or eyelid pain, scratch on the front of the eye
- Eye infection or stye (a red, sore lump near the edge of the eyelid)
- Eyelid irritation (redness, burning, tearing, swelling, itching, discharge, foreign body sensation), swelling of the eyelid glands or of the lining of the eye
- Changes in your vision or sensitivity to light

The cost of this BlephEx® procedure is \$150 for treatment of all eyelids.

Consent. By signing below, you consent (agree) that:

- You read this informed consent form, or someone read it to you.
- You understand the information in this informed consent form.
- The eye doctor or staff answered all your questions about BlephEx®.

I consent to have BlephEx® treatment for (please circle):

Right Eye: Upper Lid / Lower Lid

Left Eye: Upper Lid / Lower Lid

Print Patient Name

Signature

Date